

# Fall Sports and Facility Usage Guidelines

As Fall Sports begin at DPR, there will be some changes at our facilities for games and practices. DPR is taking steps to help keep players, coaches and families safer during the COVID-19 pandemic.

## Parents Reminders:

- Players should stay home from practice or games if they are feeling sick or have a fever
- Players, coaches, and spectators should wash hands before arriving, or use hand sanitizer
- Bring labeled (with player's name) personal sports equipment, water bottle, towel, hand sanitizer, and cloth face covering (face masks are not required but encouraged)
- Stay in the car or assigned location until your coach is ready to start practice
- Avoid gathering in groups before practice, maintain social distance
- After practices and games sanitize or wash hands, wash face coverings, practice clothes or uniform, clean personal sports equipment and water bottle

## Practice:

- Temperatures will be taken at the beginning of practice by a coach. If a player has a fever, they will have to leave the facility immediately
- Whenever possible players and coaches will maintain 6-8 feet of physical distance during drills and conditioning
- When possible and safe, players should wear cloth face covering (face mask are not required but encouraged) especially on the sideline, during team chats. Masks should not be worn during active exercise
- Coaches will avoid huddles, high fives, fist bumps, handshakes
- No sharing food or drink with teammates
- Players will avoid spitting or blowing nose without a tissue and being able to wash/sanitize hands
- Players should use hand sanitizer after using shared equipment
- Players should inform coach if they are not feeling well and leave practice or game with parent or guardian
- Coaches should rotate and spray disinfectant on equipment used during practice

## Indoor practice: (Gyms)

We are asking all parents/guardians not to be inside the gym to limit number of people during practice inside the facility.

## Outdoor practice: (soccer field, complex-football)

We are asking all parents/guardians at soccer to stay away from the players bench area and away from the playing field and to social distance or remain in vehicle during practice. At the complex we are asking all parents/guardians to stay on the outside of the ball field fence and to social distance or remain in vehicle during practice.

## Games:

Indoor facilities temperatures will be taken on all players. Spectators are asked to social distance in the bleacher area and are encouraged to wear a cloth face covering. After each game the gym will be cleared so that cleaning of restrooms, player areas, and bleachers can be done. Players, coaches, and spectators should be at the gym at their game time please do not enter the gym in order to reduce the number of people in the facility at one time. Once the gym has been disinfected between games, you will be allowed to enter facility. After games please exit the facility so that cleaning can take place for the next games.

Outdoor soccer facilities temperatures will be taken on all players. Spectators are asked to social distance and are encouraged to wear a cloth face covering. Spectators will have to bring a chair, there will be no bleachers at the soccer facility to encourage social distancing. Spectators are welcome to remain in their vehicles during games.

Thank you for your cooperation and understanding!

*Dexter Parks and Recreation Staff*